

About Our Authors

Judith Matlock Creighton, PhD, is a retired professor of child development and family studies. She tested and perfected the lessons and songs in the Nutrition Lessons book in classrooms at the Salt River Elementary School. She was a psychological consultant to Head Start for many years, and developed educational materials for preschool and kindergarten students with limited communications skills. She lives in Scottsdale, Arizona.

Thomas A. Matlock, MD, is a practicing physician with over 40 years of experience as a rural doctor. He is the principal author of the WHA Health Education Primer; for many years he wrote a newspaper column. He lives in Wickenburg, Arizona.

W Gerald Matlock, PhD, is a retired professor of agricultural engineering, and a trainer of international students from more than 50 countries in topics from agriculture to community development. He is a computer programmer and lives in Tucson, Arizona.

Geoff Willis is a singer-songwriter and teacher and developer of educational materials. He plays the guitar and sings for residents of assisted living homes in the San Diego, California area. He is the lead male singer for the group, Solid Ground.

Larry Cox is an accomplished musician/composer. He has a black belt in karate and is a ham radio operator. He plays lead guitar with Solid Ground and performs at other venues in the San Diego area where he lives.